



# THE HARRY CHAPIN PRACTICE-A-THON

## March 2023 Student Participation Packet

During the month of March, music students across New York State are invited to participate in a Practice-a-Thon, with all proceeds going to local food banks and their efforts for hunger relief. Now, more than ever, our food banks need our help. Our mission is to strengthen your practice habits while empowering you to make a difference in your community. Learn more at [hcpracticeathon.com](http://hcpracticeathon.com).

### What You Need to Do:

#### STEP 1

Ask your family members or friends to pledge a penny, nickel, dime, or quarter for each minute you practice. Even one penny a day can make a difference. Fill in your sponsor's name and pledge on the *Sponsor Pledge Form*.

#### STEP 2

Try to practice every day in March. Keep track of your practice minutes on the *Daily Practice Log*. The more you practice, the more you will help our local food bank, *Food Bank for New York City*, and the more you will strengthen your playing. Do you know the way to Carnegie Hall? Practice, practice, practice 😊

#### STEP 3

In March, send the *Sponsor Donation Request Form* to your sponsors. **Do NOT bring donations to your music teacher.**

#### Sponsors can donate online at:

<https://www.foodbanknyc.org/practice-a-thon>

#### or mail donations directly to:

Food Bank for New York City Attn: Ed Ilsen, Practice-A-thon  
PO Box 470, Hartsdale, NY 10006

**Checks should be made payable to *Food Bank for New York City***

#### STEP 4

Email or bring a copy of your completed *Daily Practice Log* to your music teacher, who will keep track of the total minutes and donations from your school. Please thank your sponsors, and ***bravo to you for working to help families in New York!***



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*Musician's name*

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*Music teacher*

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*School*



Musician's Name: \_\_\_\_\_

**The Harry Chapin Practice-a-Thon MARCH 2023**  
**DAILY PRACTICE LOG**

EMAIL OR GIVE THIS FORM TO YOUR MUSIC TEACHER

Please record the number of minutes practiced each day.  
 Work to practice at least 5 minutes every day and aim for 30 minutes or more.  
 Try not to miss two days in a row, and you will be on your way to  
 become the best musician you can be!

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
			1 ____ minutes	2 ____ minutes	3 ____ minutes	4 ____ minutes	Total Week #1_____
5 ____ minutes	6 ____ minutes	7 ____ minutes	8 ____ minutes	9 ____ minutes	10 ____ minutes	11 ____ minutes	Total Week #2_____
12 ____ minutes	13 ____ minutes	14 ____ minutes	15 ____ minutes	16 ____ minutes	17 ____ minutes	18 ____ minutes	Total Week #3_____
19 ____ minutes	20 ____ minutes	21 ____ minutes	22 ____ minutes	23 ____ minutes	24 ____ minutes	25 ____ minutes	Total Week #4_____
26 ____ minutes	27 ____ minutes	28 ____ minutes	29 ____ minutes	30 ____ minutes	31 ____ minutes		Total Week #5_____

**TOTAL MINUTES PRACTICED \_\_\_\_\_**  
**TOTAL PLEDGE AMOUNT per minute \_\_\_\_\_**  
**TOTAL DONATION \_\_\_\_\_**

Thank you for making a difference!

By checking this box, I verify that the above statements are true.

\_\_\_\_\_  
*Musician's name*

\_\_\_\_\_  
*Music teacher*

\_\_\_\_\_  
*School*



# SPONSOR PLEDGE FORM

*Keep This Form for Your Records*

Thank you for your support of **The Harry Chapin Practice-a-Thon!** Music students across New York will devote the month of March to raising money for local food banks and strengthening their practice habits. Please pledge a penny, nickel, dime, or quarter for each minute of this musician's practice. Even small change makes a difference! Your contribution is tax-deductible.

Name	Address or email	Pledge per minute	Total owed <i>(minutes practiced x pledge)</i>

**Total Minutes Practiced** \_\_\_\_\_  
**Total Pledge Amount Per Minute** \_\_\_\_\_  
**TOTAL DONATION** \_\_\_\_\_

**Sponsors can donate online at:**  
<https://www.foodbanknyc.org/practice-a-thon>

**or mail donations directly to:**  
 Food Bank for New York City Attn: Ed Ilsen, Practice-A-thon  
 PO Box 470, Hartsdale, NY 10006

**Checks should be made payable to *Food Bank for New York City.***  
*Please put Practice-a-thon in the memo section.*

*Please thank your sponsors with a card, call, or email.*  
*Thank you for helping needy families in New York State! You have made a difference!*

\_\_\_\_\_ *Musician's name*

\_\_\_\_\_ *Music teacher*

\_\_\_\_\_ *School*



## ***SPONSOR DONATION REQUEST FORM***

*Copy this to email or give to your sponsors*

Dear \_\_\_\_\_,  
*Sponsor's name*

Thank you so much for supporting me in the Harry Chapin Practice-a-thon!

With your help, we are making a difference for needy families in NY.

During this last month, I practiced for \_\_\_\_\_ minutes.

And you graciously sponsored me for \_\_\_\_\_ a minute.

Please **send this form** and your donation of \_\_\_\_\_ directly to the food bank.  
*Practice minutes x pledge*

**Sponsors can donate online at:**

<https://www.foodbanknyc.org/practice-a-thon>



**or mail donations and this form directly to:**

Food Bank for New York City Attn: Ed Ilsen, Practice-A-thon  
PO Box 470, Hartsdale, NY 10006

**Checks should be made payable to *Food Bank for New York City***

*In the memo section, please write the word "Practice-a-thon".*

Thank you for working together with me to help families in need.

\_\_\_\_\_  
*Musician's name*

\_\_\_\_\_  
*Music teacher*

\_\_\_\_\_  
*School*

"Alone we can do so little; together we can do so much!" Helen Keller