



April 2025

The Harry Chapin Food Bank  
Participation Packet

# The Harry Chapin Practice-a-thon

## April 2025

We invite music students across Long Island to participate in our Practice-a-Thon in April. All proceeds go to Long Island Cares and its hunger relief efforts. Now, more than ever, our food banks need our help. Our mission is to strengthen your practice habits while empowering you to make a difference in your community. Learn more at [hcpracticeathon.com](http://hcpracticeathon.com).

### What You Need to Do:

#### STEP 1

Ask your family members or friends to pledge a penny, nickel, dime, or quarter for each minute you practice. Even one penny a day will make a difference. Every \$5 raised supplies 3 meals!

#### STEP 2

Work to practice every day during April. If you need to miss a day, try not to miss two days in a row. Keep track of your practice minutes on the ***Daily Practice Log***. The more you practice, the more you will help needy families, and the more you will strengthen your playing. Strive for 150 minutes a week or more.

#### STEP 3

In May, ask your sponsors to donate at the following link:

<https://interland3.donorperfect.net/weblink/weblink.aspx?name=E10717&id=345>

Or mail donations directly to

Long Island Cares – ATTN: Theresa Redlein  
10 Davids Drive, Hauppauge, NY 11788-2039

Checks should be made payable to Long Island Cares  
Please thank your sponsors with a card or email.

***Do NOT bring donations to your music teacher.***

#### STEP 4

Bring your completed ***Daily Practice Log*** to your music teacher, who will keep track of your school's total minutes and contributions.

[Hcpracticeathon.com](http://Hcpracticeathon.com)



Musician's Name: \_\_\_\_\_



# DAILY PRACTICE LOG

PLEASE TURN IN THIS FORM  
TO YOUR MUSIC TEACHER

## *The Harry Chapin Practice-a-thon* April 2025

Work to practice every day during April. If you need to miss a day,  
try not to miss two days in a row.

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
		1 ____ minutes	2 ____ minutes	3 ____ minutes	4 ____ minutes	5 ____ minutes	Total Week #1_____
6 ____ minutes	7 ____ minutes	8 ____ minutes	9 ____ minutes	10 ____ minutes	11 ____ minutes	12 ____ minutes	Total Week #2_____
13 ____ minutes	14 ____ minutes	15 ____ minutes	16 ____ minutes	17 ____ minutes	18 ____ minutes	19 ____ minutes	Total Week #3_____
20 ____ minutes	21 ____ minutes	22 ____ minutes	23 ____ minutes	24 ____ minutes	25 ____ minutes	26 ____ minutes	Total Week #4_____
27 ____ minutes	28 ____ minutes	29 ____ minutes	30 ____ minutes				Total Week #5_____

Student Name \_\_\_\_\_

Total Minutes \_\_\_\_\_

TOTAL DONATION \_\_\_\_\_

Musician's Name:



## ***THE HARRY CHAPIN PRACTICE-A-THON PLEDGE FORM***

**PLEASE KEEP THIS FORM FOR YOUR RECORDS**

Music students will devote the month of April to raising money to support families in need. Please pledge a penny, nickel, dime, or quarter for each minute of this musician's practice. Even small change will make a difference.

Name	Address or email	Pledge per minute	Total owed <i>(minutes practiced x pledge)</i>

**TOTAL  
DONATION: \_\_\_\_\_**

**Make donations at the following link:**

<https://interland3.donorperfect.net/weblink/weblink.aspx?name=E10717&id=345>

Or mail donations directly to:

Long Island Cares, ATTN: Theresa Redlein  
10 Davids Drive, Hauppauge, NY 11788-2039  
Checks should be made payable to Long Island Cares

*Please thank your sponsors in person, with a card, or an email.  
Thank you for helping families in need.*

[Hcpracticeathon.com](http://Hcpracticeathon.com)

# *SPONSOR DONATION REQUEST FORM*

*Copy this to an email or give it to your sponsors*

Dear \_\_\_\_\_,  
*Sponsor's name*

*Thank you so much for supporting the Harry Chapin Practice-a-thon!*

*With your help, we are making a difference for needy families in NY.*

*During this last month, I practiced for \_\_\_\_\_ minutes.*

*And you graciously sponsored me for \_\_\_\_\_ a minute.*

*Please send this form and your donation of \_\_\_\_\_ directly to the  
food bank.*

*Practice minutes x pledge*

*Sponsors can donate online at*

<https://interland3.donorperfect.net/weblink/weblink.aspx?name=E10717&id=345>

*Or mail donations directly to*

Long Island Cares, ATTN: Theresa Redlein  
10 Davids Drive, Hauppauge, NY 11788-2039

*Checks should be made payable to Long Island Cares*

*In the memo section, please write the word "Practice-a-thon"*

*Thank you for working together with me to help families in need.*



[Hcpracticeathon.com](http://Hcpracticeathon.com)